

**Sara Stedy**  
Instructions for Use

**ARJOHUNTLEIGH**  
GETINGE GROUP



CE

# How to Use the Sara Stedy

## Transferring the Patient from a Wheelchair

- Make sure to apply the wheelchair brakes.
- Help or encourage the patient to achieve the standing position.
- The patient's knees should stay in contact with the kneepad, and the patient should sit back on the seat halves during the transfer.

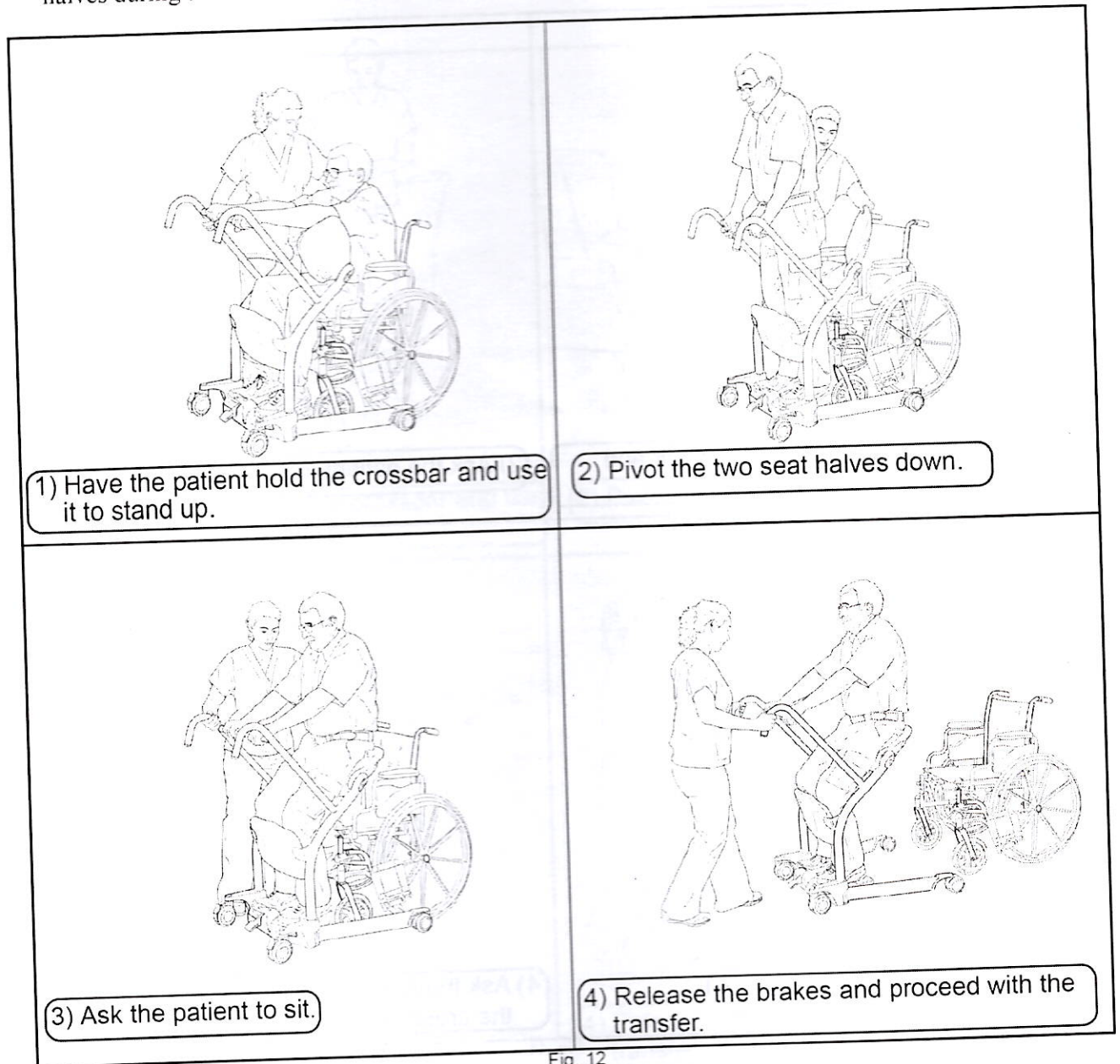


Fig. 12

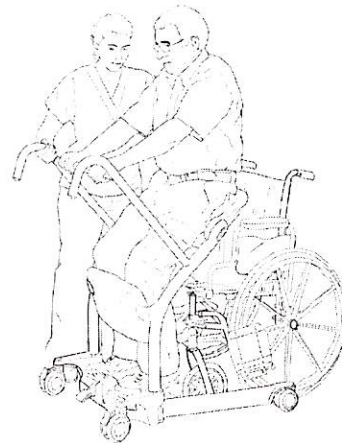
# How to Use the Sara Stedy

## Transferring the Patient to a Wheelchair

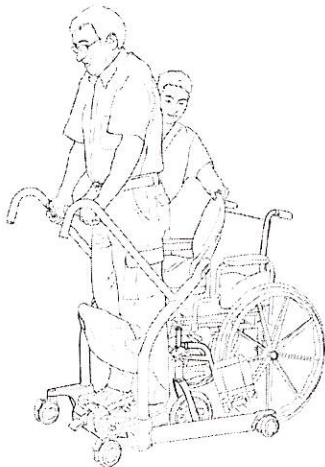
- Make sure to apply the wheelchair brakes.
- Help or encourage the patient to achieve the sitting position.
- The patient's knees should stay in contact with the kneepad, and the patient should sit back on the seat halves during the transfer.



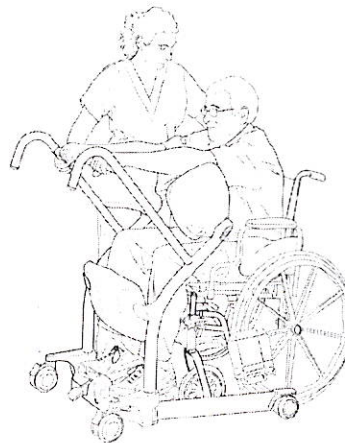
1) Bring the patient over to the wheelchair and apply the brakes.



2) Ask the patient to stand up.



3) Pivot the two seat halves up.



4) Ask the patient to sit down holding the crossbar.

Fig. 13



# How to Use the Sara Stedy

## Transferring the Patient from a Bed

- Help or encourage the patient to achieve the standing position.
- The patient's knees should stay in contact with the kneepad, and the patient should sit back on the seat halves during the transfer.

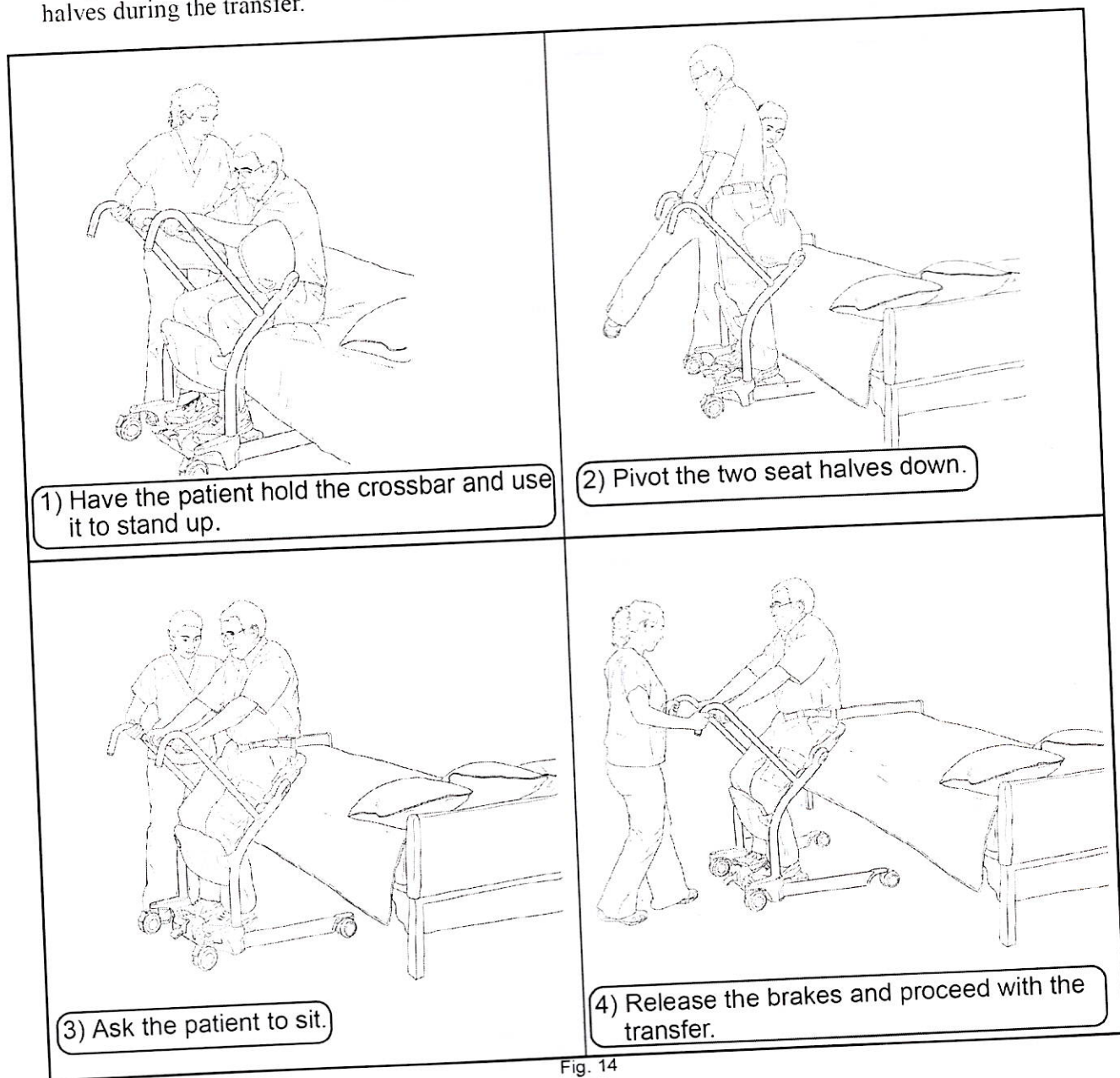


Fig. 14

# How to Use the Sara Stedy

## Transferring the Patient to a Bed

- Help or encourage the patient to achieve the sitting position.
- The patient's knees should stay in contact with the kneepad, and the patient should sit back on the seat halves during the transfer.

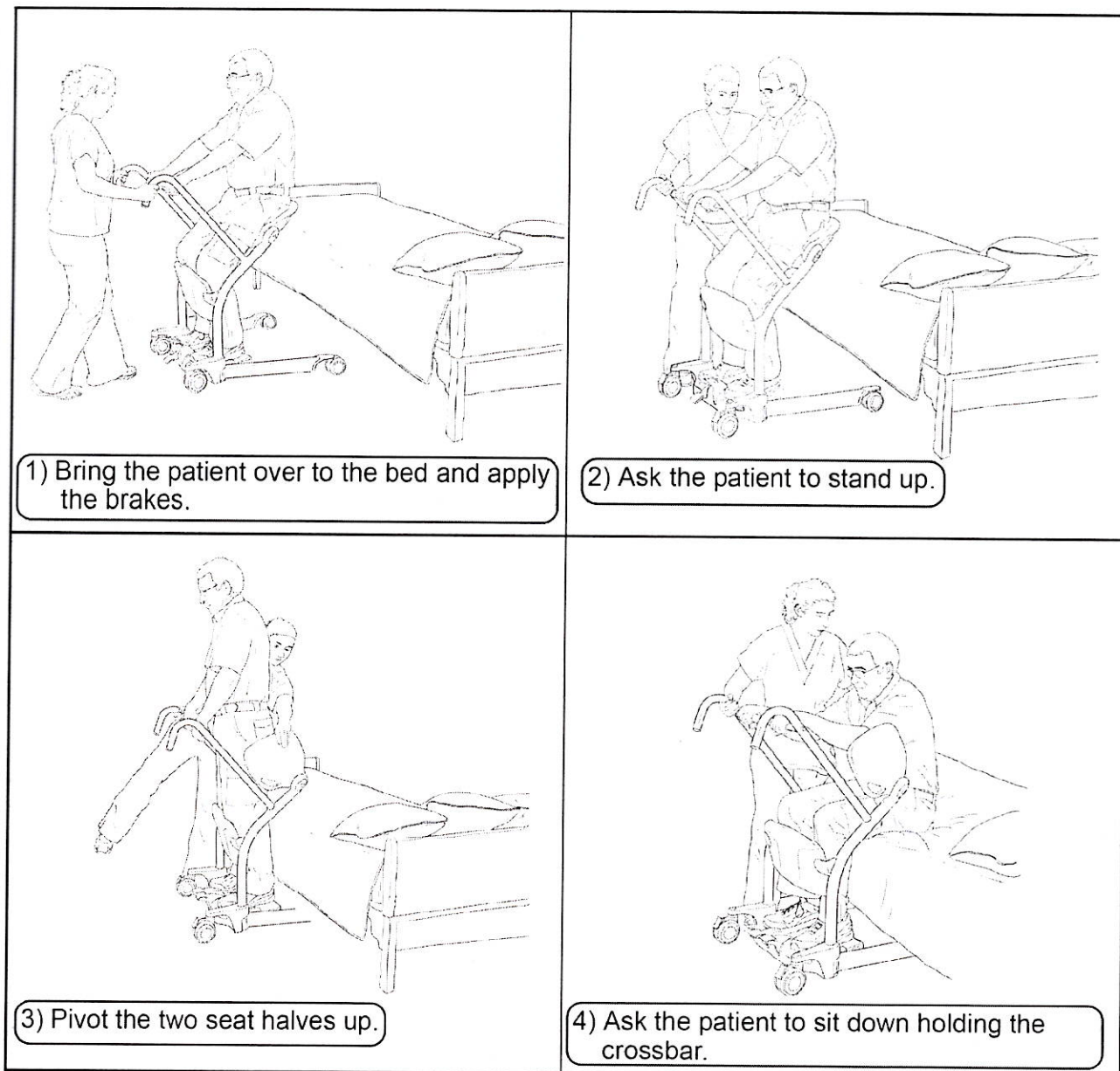


Fig. 15

# How to Use the Sara Stedy

## Transferring the Patient from a Toilet

- Help or encourage the patient to achieve the standing position.
- The patient's knees should stay in contact with the kneepad, and the patient should sit back on the seat halves during the transfer.

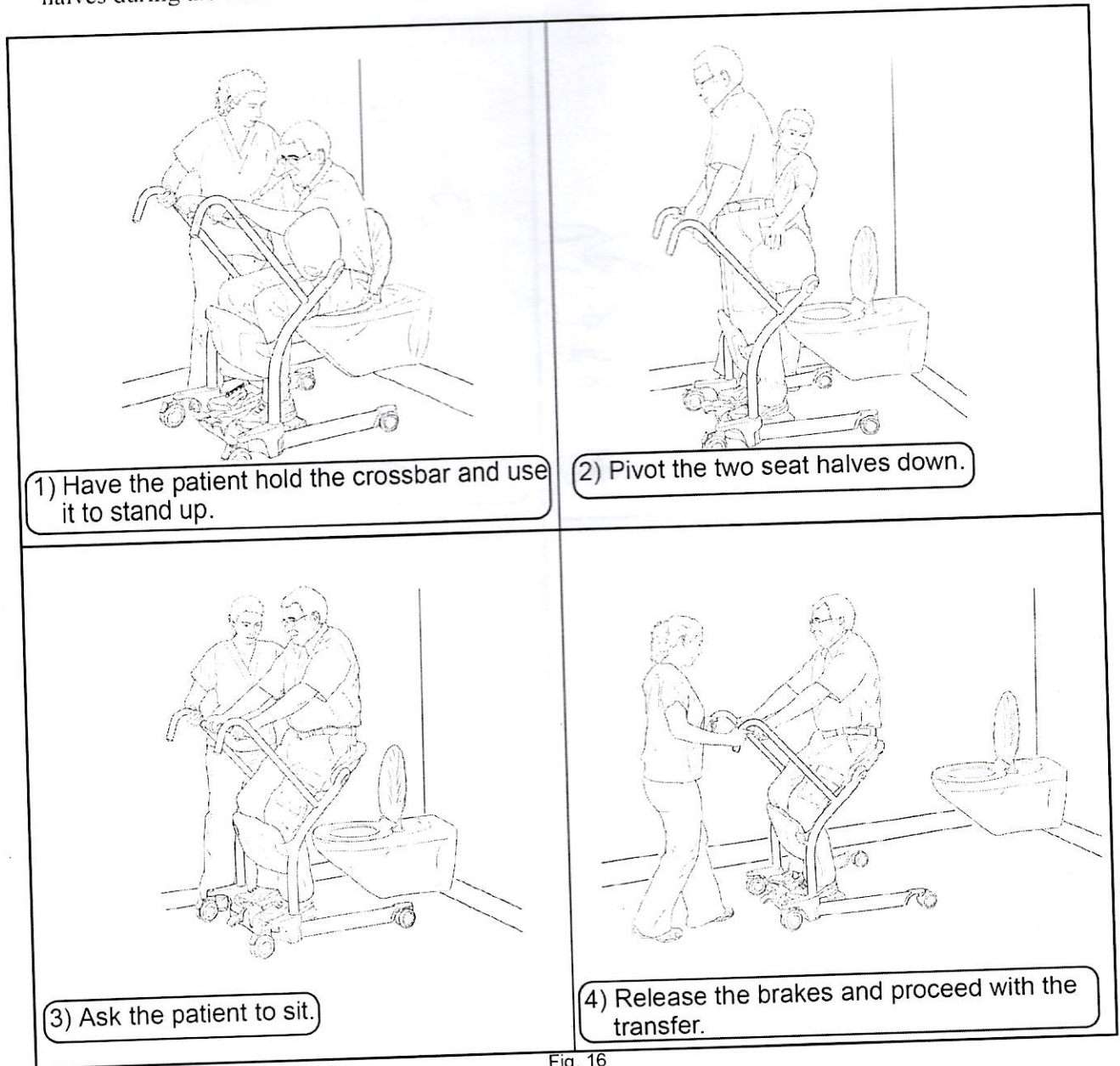


Fig. 16



# How to Use the Sara Stedy

## Transferring the Patient to a Toilet

- Help or encourage the patient to achieve the sitting position.
- The patient's knees should stay in contact with the kneepad, and the patient should sit back on the seat halves during the transfer.

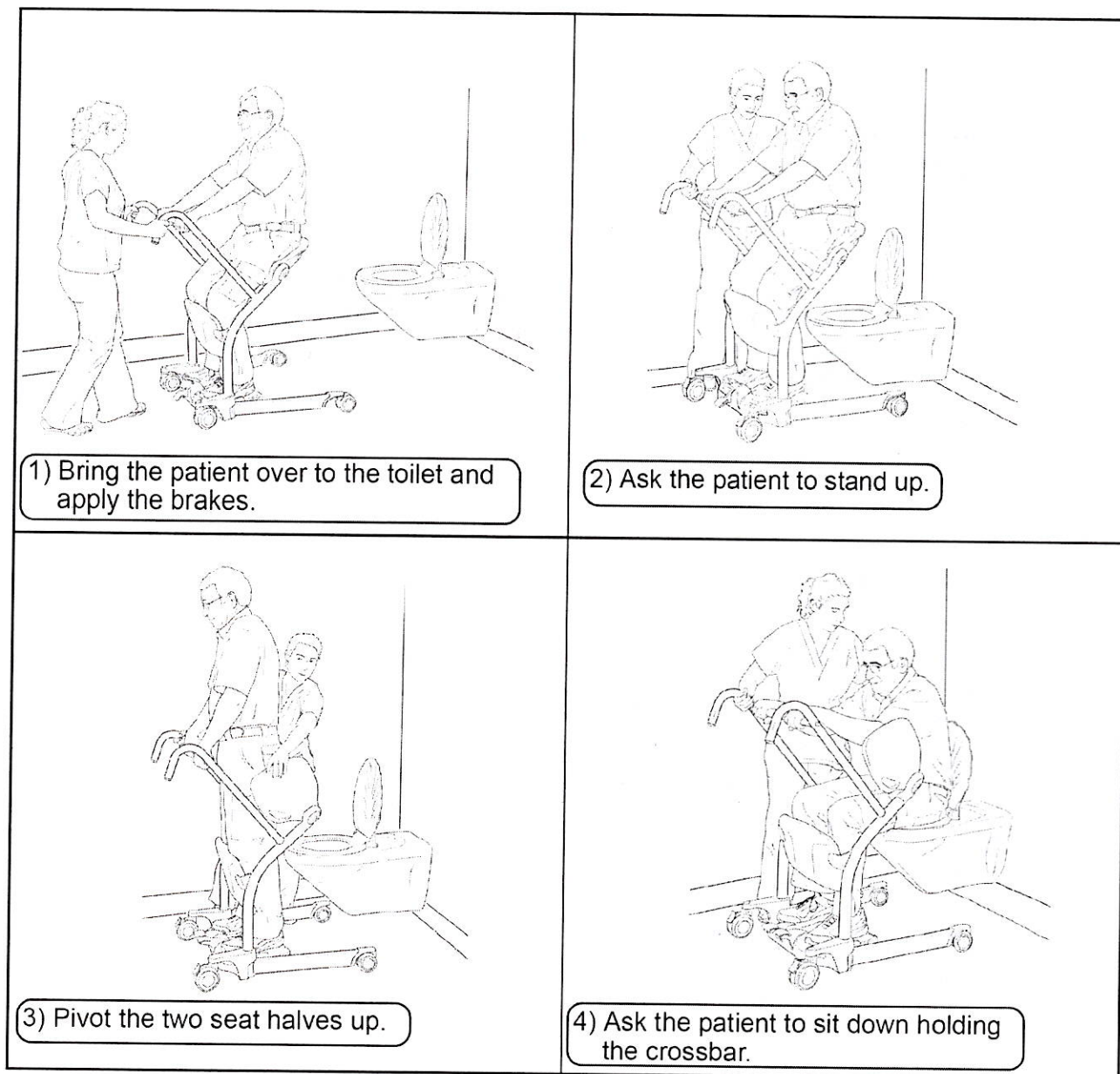


Fig. 17

## Transferring the Patient at the Toilet

- Once the patient is in place, apply the castor brakes and ask the patient to stand.
- Remove the patient's clothing as necessary, then pivot the seat halves upwards to allow the patient to lower herself/himself onto the toilet seat. The Sara Stedy can thus function as a support frame, improving the patient's confidence.

# How to Use the Sara Stedy

## Back Support Strap

### Using the Back Support Strap

Use of this accessory is recommended where the patient would benefit from extra confidence and support. To use the back support strap:

- Position the strap at around 50 mm (2") above the waistline.
- Be careful not to pull the patient forward too much when connecting the support strap.

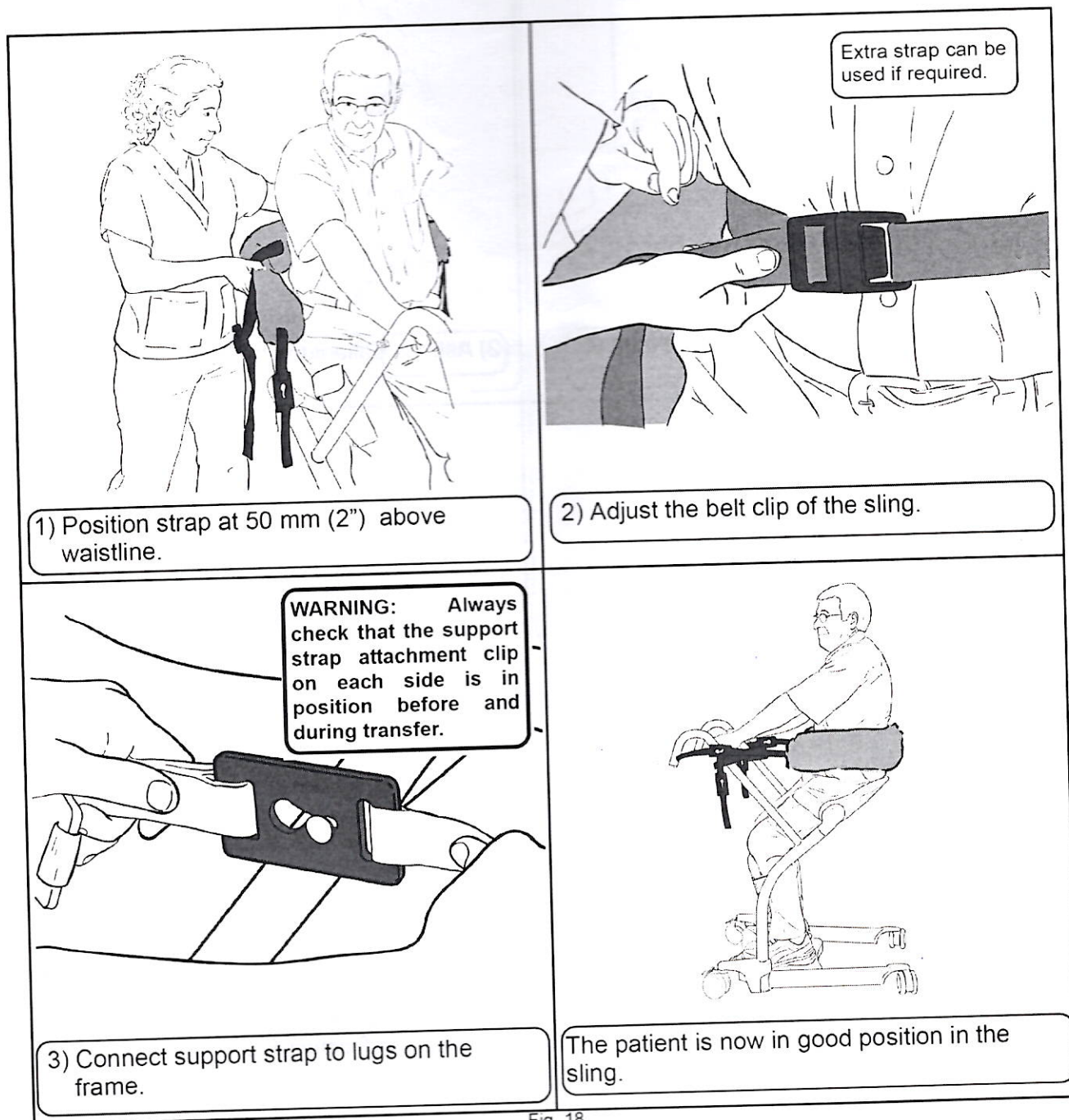


Fig. 18



# Care and Maintenance

## Preventive Maintenance Schedule

The equipment is subjected to wear and tear, and the following maintenance instructions must be acted upon when specified to ensure that the equipment remains within its original manufacturing specifications. Care and maintenance must be carried out in accordance with the preventive maintenance schedule below.

Customer obligations must be carried out by qualified personnel in accordance with the instructions in this manual.

**WARNING:** The maintenance described in the following checklist is the minimum that the manufacturer recommends. In some cases more frequent inspections should be carried out. Continuing to use this equipment without conducting regular inspections or when a fault is found will seriously compromise the safety of the user and of the patient. Local regulations and standards may be higher than those of the manufacturer. Service and preventive maintenance can be arranged with the manufacturer. Preventive maintenance specified in this manual can prevent accidents and reduce repair costs.

**WARNING:** Safety related maintenance and authorized service must be carried out by qualified personnel, fully trained in servicing procedures by ArjoHuntleigh, and equipped with correct tools. Failure to meet these requirements could result in personal injuries and/or unsafe equipment.

## User Inspections

Action/check	Before every use	Every week	Every year
<b>Transport device</b>			
Carry out a visual inspection of all external parts. All functions must be tested for correct operation to ensure that no damage has occurred during previous use.	X		
Inspect for missing hardware or broken parts.	X		X
Inspect the sling lugs on the lift for damage or cracks.			X
Ensure that the castors are firmly secured to the chassis.		X	
Make sure all castors rotate freely and the two rear brakes lock.	X		
Check front and rear castors regularly for hair and debris; clean when necessary.		X	

# Care and Maintenance

Action/check	Before every use	Every week	Every year
Examine all exposed parts, especially where there is personal contact with the patient's body. Make sure no cracks or sharp edges have developed that could cause patient or user injury or have become unhygienic. Replace where necessary and decontaminate.		X	
Make sure all instruction labels are firmly attached and in good readable condition. Replace when necessary.		X	
Make sure all external fittings are secure and that all screws and nuts are tight.		X	
Check the opening of the legs. The mechanism must open freely without using excessive force.		X	
Make sure that the anti-skid material is well glued to the chassis. Replace if needed.			X
Check leg opening mechanism under lift base. Make sure that mobile parts don't have excessive loose and are free of hair and debris.			X
<b>Sling and hardware</b>			
Check all sling attachments for sign of wear.	X		
Inspect sling material for wear or deterioration.	X		
Inspect sling straps for wear.	X		
Inspect for any defects or loose threads in the "stitched areas".	X		
Clean sling as indicated on the tag.			

**WARNING:** To avoid injuries that can be attributed to the use of inadequate parts, ArjoHuntleigh strongly advises and warns that only ArjoHuntleigh designated parts should be used on equipment and other appliances supplied by ArjoHuntleigh. Unauthorized modifications on any ArjoHuntleigh equipment may affect its safety. ArjoHuntleigh will not be held responsible for any accidents, incidents or lack of performance that occur as a result of any unauthorized modification to its products.

**NOTE:** If the product does not work as intended, immediately contact your local ArjoHuntleigh representative for support.

# Care and Maintenance

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## Inspection and Cleaning

**WARNING:** It is recommended that your Sara Stedy and its accessories are regularly cleaned and/or disinfected between each use if necessary, or daily as a minimum. If the lift and/or equipment needs cleaning, or is suspected of being contaminated, follow the cleaning and/or disinfection procedures recommended below, before re-using the equipment.

To clean the Sara Stedy, wipe it down with a damp cloth using warm water and a disinfectant cleaner. Disinfectant wipes, supplied already impregnated with a 70 % v/v solution of isopropyl alcohol, can also be used.

Rub the lift vigorously when using the wipes, to promote an effective disinfection of its entire surface. Do not use phenol, chlorine or any other type of solvent that may damage the finish.

## Sling Inspection and Care

See the documentation that comes with your sling.

## Annual Inspection

The Sara Stedy and its accessories must be inspected annually by a qualified technician.

**WARNING:** The Sara Stedy and accessories must be serviced every 12 months as a minimum requirement (see "Care and Maintenance" section). Do not attempt to do the inspection unless you are qualified to do so.



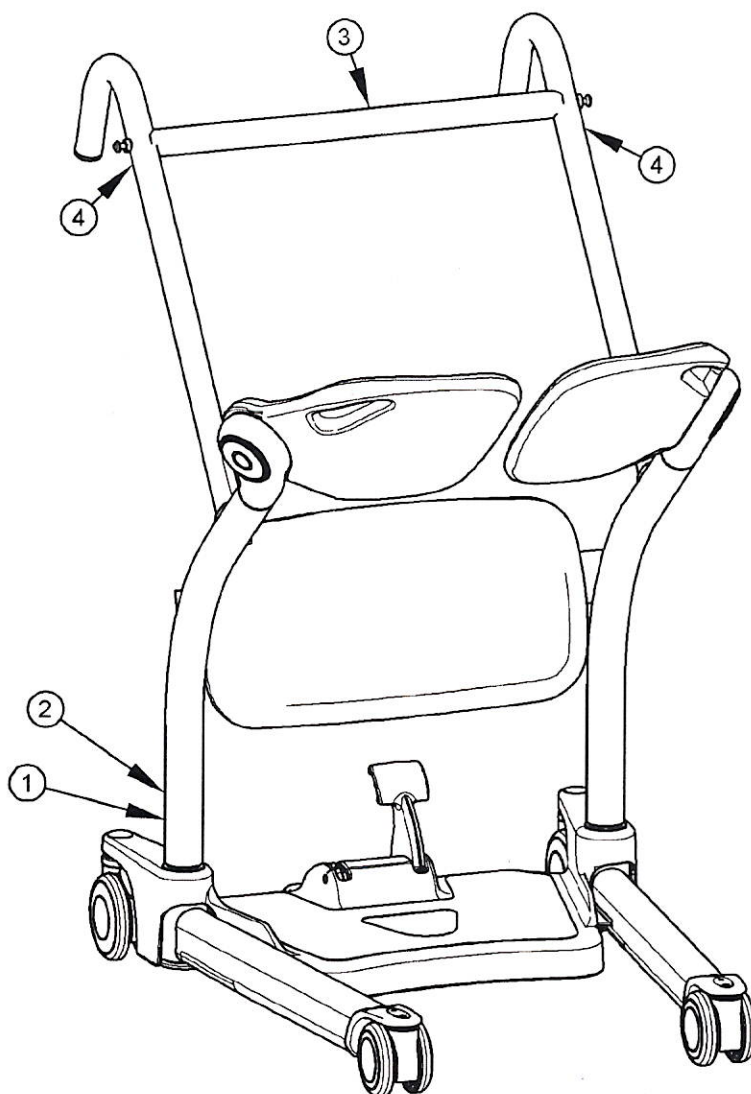
# Troubleshooting

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Lift Trouble	Resolution
Poor maneuverability	<ul style="list-style-type: none"><li>• Check castor for any damage or wear.</li><li>• Remove hair and debris from castor.</li></ul>
Legs do not open or close	<ul style="list-style-type: none"><li>• Check legs opening mechanism for damage. Call ArjoHuntleigh for replacement if needed.</li></ul>
Legs difficult to open or close	<ul style="list-style-type: none"><li>• Check legs opening mechanism for damage. Call ArjoHuntleigh for replacement if needed.</li><li>• Legs opening mechanism need lubrication. Call ArjoHuntleigh for service.</li></ul>
Noise during opening	<ul style="list-style-type: none"><li>• Legs opening mechanism need lubrication. Call ArjoHuntleigh for service.</li></ul>
Seat difficult to open or close	<ul style="list-style-type: none"><li>• Check for debris or hair in the seat pivot. Clean if needed.</li></ul>

# Labels on the Sara Stedy

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- 1) Serial number label
- 2) Product label
- 3) Product name
- 4) Sling attachment clip instruction label

Fig. 19

# Technical Specifications

<b>PRODUCT INFORMATION</b>	<b>Sara Steady</b>
Weight, complete	29.4 kg (64.82 lb)
Lifting capacity	182 kg (400 lb)
Turning radius	1168 mm (46 in)
Minimum door requirement	630 mm (24.80 in)
Pedal operating force	< 300 N
<b>OPERATION AND STORAGE CONDITIONS</b>	
Ambient temperature range (lift)	Operation: 10 ° to 40 °C (+50 to +104 °F), Storage: - 40 ° to 70 °C (-40 to 158 °F)
Relative humidity range	Operation: 30 to 75 %, Storage: 10 to 80 %, incl. condensation
Atmospheric pressure range	Operation: 700 hPa to 1060 hPa, Storage: 500 hPa to 1060 hPa
<b>RECYCLING</b>	
Package	Recycleable cardboard
The lift	Separated and recycled



# Technical Specifications

## Lift Dimensions

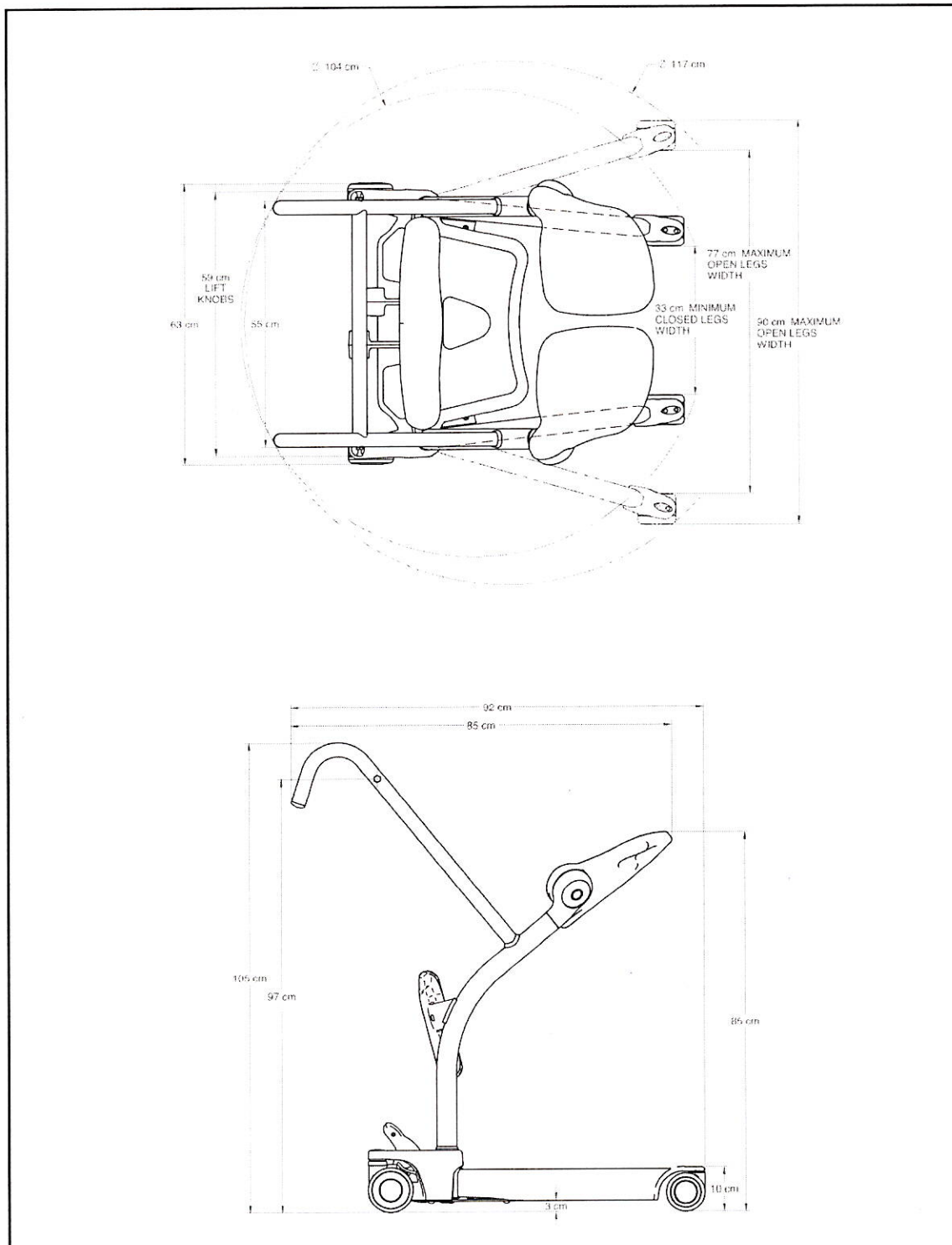


Fig. 20

**AUSTRALIA**

ArjoHuntleigh Pty Ltd  
78, Forsyth street  
O'Connor  
AU-6163 Western Australia  
Tel: +61 89337 4111  
Free: +1 800 072 040  
Fax: +61 89337 9077

**BELGIQUE / BELGIË**

ArjoHuntleigh NV/SA  
Evenbroekveld 16  
B-9420 ERPE-MERE  
Tél/Tel: +32 (0) 53 60 73 80  
Fax: +32 (0) 53 60 73 81  
E-mail: info@arjohuntleigh.be

**CANADA**

ArjoHuntleigh Canada Inc.  
1575 South Gateway Road  
Unit "C"  
MISSISSAUGA, ON, L4W 5J1  
Tel/Tél: +1 905 238 7880  
Free: +1 800 665 4831 Institutional  
Free: +1 800 868 0441 Home Care  
Fax: +1 905 238 7881  
E-mail: info.canada@arjohuntleigh.com

**ČESKÁ REPUBLIKA**

ARJO Hospital Equipment s.r.o.  
Hlinky 118  
CZ- 603 00 BRNO  
Tel: +420 549 254 252  
Fax: +420 541 213 550

**DANMARK**

ArjoHuntleigh A/S  
Vassingerødvej 52  
DK-3540 LYNGE  
Tel: +45 49 13 84 86  
Fax: +45 49 13 84 87  
E-mail: info.dk@arjohuntleigh.com

**DEUTSCHLAND**

ArjoHuntleigh GmbH  
Peter-Sander-Strasse 10  
D-55252 MAINZ-KASTEL  
Tel: +49 (0) 6134 186 0  
Fax: +49 (0) 6134 186 160  
E-mail: info-de@arjohuntleigh.com

**ΕΛΛΑΔΑ**

C. Psimitis Co Ltd  
Dimitriou Andr. 59  
GR-16121 KAISARIANI ATTIKIS  
Τηλ: 21 0724 36 68  
Φάξ: 21 0721 55 53

**ESPAÑA**

ArjoHuntleigh Ibérica S.L.  
Ctra. de Rubí, 88 1ª planta - A1  
08173 Sant Cugat del Vallés  
ES- BARCELONA 08173  
Tel: +34 93 583 11 20  
Fax: +34 93 583 11 22  
E-mail: info.es@arjohuntleigh.com

**FAR EAST**

ARJO Far East Limited  
Unit 3A, 4/F., block B Hoi Luen  
Industrial Centre  
55 Hoi Yuen Road,  
Kwun Tong, Kowloon  
HONG KONG  
Tel: +852 2508 9553  
Fax: +852 2508 1416

**FRANCE**

ArjoHuntleigh SAS  
2 Avenue Alcide de Gasperi  
BP 133  
59436 RONCQ CEDEX  
Tél: +33 (0) 3 20 28 13 13  
Fax: +33 (0) 3 20 28 13 14  
E-mail: info.france@arjohuntleigh.com

**INTERNATIONAL**

ArjoHuntleigh International Ltd.  
310-312, Dallow Road  
Luton  
UK-BEDFORDSHIRE LU1 1TD  
Tel: +44 1582 745800  
Fax: +44 1582 745866  
E-mail:  
international@arjohuntleigh.com

**ITALIA**

ArjoHuntleigh S.p.A.  
Via di Tor Vergata 432  
00133 ROMA - ITALIA  
Tel: +39 (0) 6 87426211  
Fax: +39 (0) 6 87426222  
E-mail: Italy.promo@arjohuntleigh.com

**NEDERLAND**

ArjoHuntleigh Nederland BV  
Biezenwei 21  
4004 MB TIEL  
Postbus 6116  
4000 HC TIEL  
Tel: +31 (0) 344 64 08 00  
Fax: +31 (0) 344 64 08 85  
E-mail: info.nl@arjohuntleigh.com

**NORGE**

ArjoHuntleigh Norway AS  
Ryenstubben 2  
NO-0679 OSLO  
Tel: +47 22 08 00 50  
Faks: +47 22 08 00 51  
E-mail: post@arjo.no

**POLSKA**

ArjoHuntleigh Polska Sp. z o.o.  
ul. Ks Piotra Wawrzyniaka 2  
PL 62-052 KOMORNIKI (Poznan)  
Tel: +48 61 662 15 50  
Fax: +48 61 662 15 90  
E-mail: arjo@arjohuntleigh.com

**PORTUGAL**

ArjoHuntleigh em Portugal:  
MAQUET Portugal, Lda. (Distribuidor Exclusivo)  
Rua Poeta Bocage n.º 2 - 2G  
1600-233 Lisboa, Portugal  
Tel: +351 214 189 815  
Fax: +351 214 177 413  
E-mail: Portugal@arjohuntleigh.com

**SUISSE / SCHWEIZ**

ArjoHuntleigh AG  
Florenzstrasse 1d  
Postfach  
CH-BASEL4023  
Tél/Tel: +41 (0) 61 337 97 77  
Fax: +41 (0) 61 311 97 42

**SUOMI**

ArjoHuntleigh OY  
Vanha Porvoontie 229  
FI-01380 VANTAA  
Puh: +358 9 4730 4320  
Faksi: +358 9 4730 4999

**SVERIGE**

ARJO Scandinavia AB  
Verkstadsvägen 5  
Box 61  
SE-241 21 ESLÖV  
Tel: +46 (0) 413 645 00  
Fax: +46 (0) 413 645 83  
E-mail: kundservice@arjohuntleigh.com

**UNITED KINGDOM**

ArjoHuntleigh International Ltd.  
310-312, Dallow Road  
Luton  
UK-BEDFORDSHIRE LU1 1TD  
Tel: +44 1582 745700  
Fax: +44 1582 459100  
E-mail:  
sales.admin@huntleigh-healthcare.com

**USA**

ArjoHuntleigh Inc.  
2349 W Lake Street Suite 250  
Addison, IL 60101  
Tel: +1 630 307 2756  
Free: +1 800 323 1245 Institutional  
Free: +1 800 868 0441 Home Care  
Fax: +1 630 307 6195  
E-mail: us.info@ArjoHuntleigh.com

**ÖSTERREICH**

ArjoHuntleigh GmbH  
Dörrstrasse 85  
AT-6020 INNSBRUCK  
Tel: +43 (0) 512 204 160 0  
Fax: +43 (0) 512 204 160 75

www.arjohuntleigh.com

# ARJOHUNTLEIGH

## GETINGE GROUP

GETINGE GROUP is a leading global provider of products and systems that contribute to quality enhancement and cost efficiency within healthcare and life sciences. We operate under the three brands of **ArjoHuntleigh**, **GETINGE** and **MAQUET**. **ArjoHuntleigh** focuses on patient mobility and wound management solutions. **GETINGE** provides solutions for infection control within healthcare and contamination prevention within life sciences. **MAQUET** specializes in solutions, therapies and products for surgical interventions and intensive care.

[www.ArjoHuntleigh.com](http://www.ArjoHuntleigh.com)



ArjoHuntleigh AB  
Verkstadvägen 5  
241 38 Eslöv  
SWEDEN



0 0 1 - 1 2 3 2 5 - E N